

TBEX Catalonia Costa Brava 2015 - #Inpyrenees programme **(4th to 10th May)**

Wednesday, 6th May-Ripollès

Thursday, 7th May- Ripollès



Wednesday, 6th May - Ripollès

Twitter: @elripolles

Facebook: <https://www.facebook.com/elripolles>

Instagram: @ripollesturisme Hashtag: #Ripolles

8.30h Breakfast at the hotel

9.15h Check-out

10.30h Visit to **Beget** and to the romanesque church of St. Cristòfol de Beget (s. XII), a historical and artistic heritage site, with two folk music performances by Amadeu Rosell (<http://amadeurosell.cat>) and Mònica Bargalló (<http://www.monik-bargallo.com/ca/>), during the visit. The visit includes a small breakfast at Can Jeroni restaurant (www.canjeroni.net @CanJeroni)



12.30h Return to the transfer car

13.00h Guided visit by bus to the **Vall de Camprodon** (Camprodon Valley), finishing at the town of **Setcases**. www.valdecamprodon.org @valdecamprodon

14.00h Lunch at Can Jepet restaurant.

www.canjepet.es @Can_Jepet





16.00h

Transfer to Molló Parc and adventure circuit at Molló Parc d'Aventura

www.molloparc.com Twitter: @molloparc Instagram: @molloparc #molloparc



19.00h

Check-in at our rural accommodation El Rourevelt (Rocabruna)

www.rourevell.com @rourevell



20.30h

Dinner at Can Jordi restaurant (Espinavell)

www.canjordirestaurant.com @canjordi



Thursday, 7th May (Ripollès)

- 08.30h Breakfast at the same accommodation
- 09.15h We leave Rocabrana and transfer to **Ripoll**
- 10:00h **Ripoll**. The experience of the Romanesque: the portico of the monastery of Ripoll, nominated as a UNESCO World Heritage site. www.terradecomtes.cat

Twitter and Instagram: [@terradecomtes](https://twitter.com/terradecomtes)

Facebook: <https://www.facebook.com/terradecomtes>



Workshop on building a Romanesque arch with sculptor Eudald Alabau
<https://eudaldalabau.wordpress.com/>

- 12.10h Departure Ripoll to **Ribes de Freser**
- 12.50h Departure from Ribes-Junction on the rack and pinion railway to **Vall de Nuria**



13.30h Arrival and lunch at Vall de Nuria. www.valldeuria.cat

Twitter and Instagram: [@valldenuria](https://twitter.com/valldenuria)

15.00h Guided tour and multiple activities (leisure park, archery, boats) at Vall de Nuria



17.20h Return on the rack and pinion railway from Vall de Núria to Ribes de Freser (Ribes-Vila station)

** 17h 56m the bus will pick up the group at Ribes-Vila train station*

18.15h Check-in at the Hotel Rural Spa Resguard dels Vents. Spa and accommodation.

www.hotelresguard.com

Twitter and Instagram: [@hotelresguard](https://twitter.com/hotelresguard)



20.30h Gin and tonic tasting session and dinner at the Hotel els Caçadors de Ribes de Freser

www.hotelsderibes.com

Facebook: <https://www.facebook.com/pages/Els-caçadors>